



Sermon Discussion Guide – May 26, 2019
SERIES – POSITIVE ID – A Better Understanding Of Self
TITLE - “Who Am I?”
1 Peter 2:9-12

SUMMARY – As soon we are born we begin a process of identity discovery. What we do and experience can shape us but our identity is found in who we are not just what we do. Individuation can be a confusing process but when we seek the wisdom of the Creator to understand who we are, where we belong and what our purpose is, we find a solid foundation to discover our Positive ID. This week we explore who we are as defined by our Creator.

DAILY STUDY & PRAYER

Read / Reflect / Respond

(*READ* the verse, take a moment to *REFLECT* on its meaning, *RESPOND* by writing down some thoughts and praying)

Monday - 1 Peter 2:9 *“But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession”*

Tuesday - Ephesians 1:4 *“even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love”*

Wednesday - 1 Peter 2:5 *“you yourselves like living stones are being built up as a spiritual house, to be a holy priesthood, to offer spiritual sacrifices”*

Thursday – Colossians 3:23 *“Whatever you do, work heartily, as for the Lord and not for men,”*

Friday – Ephesians 1:5 *“he predestined us for adoption as sons through Jesus Christ, according to the purpose of his will,”*

Saturday – Romans 14:8 *“For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord’s.”*

GROUP DISCUSSION

(*This is only a guide – select the points you want to discuss or supplement with your own materials*)

Open with Prayer

1. What is something you remember from the sermon that stood out to you or never heard before?
2. How would you rate yourself on a scale of 1 to 10 in being comfortable in your own skin? Why?
3. How much would you say your Christian faith defines who you are and how you live?
4. What does it mean to you to bear the name “Christian”? Do you see yourself as a representative of Christianity?

Close with prayer requests and prayer

NEXT STEPS (Optional for group discussion)

1. **TEMPERATURE GAUGE** – How am I doing when it comes to being comfortable with who I am? How would I rate myself on a scale of 1-10?
2. **RESPOND** – How is the Lord calling me to respond? In confession and repentance? Prayer for help and guidance? Seeking out a confidant or listening ear? Take a moment to write down one action step.
3. **PRACTICE** – What is one way that you can incorporate or practice increasing your wisdom this week?



Sermon Discussion Guide Leader Notes

Preparing to Lead Your Group

- ✓ **PRAY** for insight as you begin to prepare for leading your group. Ask for God's wisdom, that the Holy Spirit will be the teacher and that you will be God's instrument to lead the group to greater understanding and a willingness to commit to becoming more like God. ***Prayer should be your primary source of personal preparation for leading your group!***
- ✓ **PLAN** where you want to take your group during the next series. Is your group strong in some areas and weak in others? How can you challenge the members to live more balanced Christian lives?
- ✓ **EVALUATE** after each session and at the end of a series. Reflect on what went well and what didn't. Re-evaluation is key to your growth as a leader. How are you doing with leading the discussion: is it stimulating, challenging, and meaningful? Are you able to keep the group on track? Do you need to make some changes?

Using This Sermon Discussion Guide

- Review the discussion guide and sermon notes for this week. You can also view the sermon from our website, www.faithunitedepc.org. As the discussion leader, you should preview and evaluate the questions based on the needs of your group.
- Feel free to adapt the format as needed. If your group is mature and wants to dig deeper, consider using the Next Steps section or add additional Scripture and resources. Remember this is only a guide and you don't have to complete all of it. It is a tool to promote good discussion. The goal is good discussion not necessarily getting through every question.
- The questions with Bible verses associated with them are there to encourage Bible literacy. So encourage different people to open their Bibles and read selected verses if they are willing and able.
- Your goal as the leader is to bring the group into a stimulating discussion that helps the members recognize their needs for personal life change. Ultimately you want them to be willing to commit to change with accountability to the group. Accountability helps us to persevere in our commitments and achieve the blessings of success.