



Sermon Discussion Guide – **June 30, 2019**

SERIES – WALKING BY FAITH – *Not Just Sightseeing*

TITLE - **“On Location In ICELAND”**

Exodus 20:8-11, Ecclesiastes 3:9-13

SUMMARY – Do you feel a little stuck here in South Dakota? Wish you could travel to exotic places around the world this summer? Well join us as we go on location to different countries learning about some fun tourist attractions and how they can be memorable illustrations of Biblical truths. This week we go to Iceland and learn to rest.

DAILY STUDY & PRAYER

Read / Reflect / Respond

(*READ* the verse, take a moment to *REFLECT* on its meaning, *RESPOND* by writing down some thoughts and praying)

Monday – Exodus 20:9-10 *“Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work”*

Tuesday – Ecclesiastes 3:13 *“everyone should eat and drink and take pleasure in all his toil—this is God’s gift to man.”*

Wednesday – Leviticus 23:32 *“It is a sabbath of rest for you, and you must deny yourselves.”*

Thursday – Ecclesiastes 3:11 *“He has made everything beautiful in its time.”*

Friday – Matthew 11:28 *“Come to me, all who labor and are heavy laden, and I will give you rest.”*

Saturday – Psalm 46:10 *“Be still, and know that I am God.”*

GROUP DISCUSSION

(*This is only a guide – select the points you want to discuss or supplement with your own materials*)

Open with Prayer

1. What is something you remember from the sermon that stood out to you or never heard before?
2. What is the biggest enemy to your rest and refreshment?
3. Why do you think the Sabbath is a part of the 10 Commandments? How does this commandment compare to the others?
4. Several weeks ago we talked about wealth and the power it has over us. Is there a relationship between the pursuit of wealth and our ability to stop and rest? If so in what ways?

Close with prayer requests and prayer

NEXT STEPS (Optional for group discussion)

1. TEMPERATURE GAUGE – How am I doing when it comes the rhythm of 6 and 1; of taking time to recharge? How would I rate myself on a scale of 1-10?
2. RESPOND – How is the Lord calling me to respond? In confession and repentance? Prayer for help and guidance? Seeking out a confidant or listening ear? Take a moment to write down one action step.
3. PRACTICE – What is one way that you can incorporate or practice the Sabbath this week?



Sermon Discussion Guide Leader Notes

Preparing to Lead Your Group

- ✓ **PRAY** for insight as you begin to prepare for leading your group. Ask for God's wisdom, that the Holy Spirit will be the teacher and that you will be God's instrument to lead the group to greater understanding and a willingness to commit to becoming more like God. ***Prayer should be your primary source of personal preparation for leading your group!***
- ✓ **PLAN** where you want to take your group during the next series. Is your group strong in some areas and weak in others? How can you challenge the members to live more balanced Christian lives?
- ✓ **EVALUATE** after each session and at the end of a series. Reflect on what went well and what didn't. Re-evaluation is key to your growth as a leader. How are you doing with leading the discussion: is it stimulating, challenging, and meaningful? Are you able to keep the group on track? Do you need to make some changes?

Using This Sermon Discussion Guide

- Review the discussion guide and sermon notes for this week. You can also view the sermon from our website, www.faithunitedepc.org. As the discussion leader, you should preview and evaluate the questions based on the needs of your group.
- Feel free to adapt the format as needed. If your group is mature and wants to dig deeper, consider using the Next Steps section or add additional Scripture and resources. Remember this is only a guide and you don't have to complete all of it. It is a tool to promote good discussion. The goal is good discussion not necessarily getting through every question.
- The questions with Bible verses associated with them are there to encourage Bible literacy. So encourage different people to open their Bibles and read selected verses if they are willing and able.
- Your goal as the leader is to bring the group into a stimulating discussion that helps the members recognize their needs for personal life change. Ultimately you want them to be willing to commit to change with accountability to the group. Accountability helps us to persevere in our commitments and achieve the blessings of success.